ON-Q PAIN PUMP INSTRUCTIONS

As part of your surgery, to help with post-operative pain, I placed two very small catheters through the skin onto your surgery site. The catheters are attached to the Pump (about the size of a tennis ball) that you can see. The ball is filled with numbing medicine (Marcaine) and has enough medicine in it to last for 3 days.

After 72 hours from the time of your surgery, the pump (the ball) is empty and the catheters can be removed. This is very simple to do at home.

- 1. Remove the clear, sticky dressing that is over the site where the catheters enter the skin.
- 2. Remove the criss-crossing steri-strips.
- 3. Pull the catheter(s) out. They are quite long so don't be alarmed.
- 4. Put a Band Aid over the insertion sites.

When you pull the catheters out you should feel only mild resistance and it does not hurt the patient so don't be afraid. You cannot hurt anything by pulling them out.

Simply throw the pump and catheters in the garbage.

Do not confuse the pain pump with your drain. The drain tube is much larger and is sewn to your skin. It is connected to a clear bulb that collects the watery-blood that results from surgery. If you cannot tell which is which, please call the office to confirm.

If you have any other questions simply call the office. The office number is (502) 721-0330.